

TAKE
FIVE

■ Who's the most important person in your life?

■ *"In the past, I always found it easier to invest in and place a lot of importance on other people ... to the extent that many times, I either sold myself out or lost my own value, my true self. With a bit of maturity, I've grown to understand that it's equally necessary to honor and invest importance in oneself to find peace and balance. I wish that everyone could discover and honor their own individual essence and share it with the world."*

SOAP
OPERA
DIGEST

■ What would people be surprised to know about you?

■ *"I'm a total goofball — I'm all three stooges wrapped into one!"*

■ What would you like to accomplish in your life, but haven't done yet?

■ *"Finding balance and appreciation for the 'now' is something that I am still working on, but I'm getting better at it."*

Kevin Spirtas
(Craig, **DAYS OF OUR LIVES**)